



Jiu Jitsu Columbus 2025 Schedule

*** Effective: 31 March 2025 ***

(706) 992-5606

www.jiujitsucolumbus.com

North Columbus Business Park: 506 Manchester Expressway, Suite A4, Columbus, GA 31904



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 am						Adult/Teen Muay Thai All Levels (Workout Attire)
30						
11 am						Adult/Teen Open Mat (GI & NO-GI)
30						
12 pm	Adult/Teen BJJ All Levels (GI)	Adult/Teen BJJ All Levels (GI)	Adult/Teen BJJ All Levels (NO-GI)	Adult/Teen BJJ All Levels (GI)	Adult/Teen BJJ All Levels (GI)	
30						
4 pm	Kid Warriors BJJ (GI) Ages: 5-11 (4:00 - 4:45)	Kid Warriors BJJ (NO-GI) Ages: 5-11 (4:00 - 4:45)	Kid Warriors BJJ (GI) Ages: 5-11 (4:00 - 4:45)	Kid Warriors BJJ (NO-GI) Ages: 5-11 (4:00 - 4:45)	Private Lessons (By Appointment)	
45	Kid Warriors BJJ (GI) Ages: 5-11 (4:45 - 5:30)	Kid Warriors BJJ (NO-GI) Ages: 5-11 (4:45 - 5:30)	Kid Warriors BJJ (GI) Ages: 5-11 (4:45 - 5:30)	Kid Warriors BJJ (NO-GI) Ages: 5-11 (4:45 - 5:30)		
5 pm	Adult/Teen Judo for BJJ All Levels (GI)	Adult/Teen Path to Blue Belt (GI)	Adult/Teen Judo for BJJ All Levels (GI)	Adult/Teen Path to Blue Belt (GI)	Adult/Teen Muay Thai All Levels (Workout Attire)	
30	Adult/Teen Muay Thai All Levels (Workout Attire)		Adult/Teen Muay Thai All Levels (Workout Attire)			
6 pm	Adult/Teen BJJ All Levels (GI)	Adult/Teen Wrestling & BJJ All Levels (NO-GI)	Adult/Teen BJJ All Levels (GI)	Adult/Teen Wrestling & BJJ All Levels (NO-GI)	Adult/Teen BJJ All Levels (GI)	
30	Adult/Teen Open Mat (GI & NO-GI)	Adult/Teen Open Mat (GI & NO-GI)	Adult/Teen Open Mat (GI & NO-GI)	Adult/Teen Open Mat (GI & NO-GI)	Adult/Teen Open Mat (GI & NO-GI)	
7 pm						
8 pm						
30						

**Private Lessons are also offered by appointment; inquire in the office.*

**Schedule is subject to change.*