

Jiu Jitsu Columbus September 2023 Schedule



(706) 992-5606

jiujitsucolumbus.com

North Columbus Business Park: 506 Manchester Expressway Suite A4 Columbus, GA 31904

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>
12:00pm - 1:00pm	12:00pm - 1:00pm	12:00pm - 1:00pm	12:00pm - 1:00pm	12:00pm - 1:00pm
Adult/Teen BJJ	Adult/Teen BJJ	Adult/Teen BJJ	Adult/Teen BJJ	Adult/Teen BJJ
All Levels <u>NO GI</u>	All Levels <u>GI</u>	All Levels <u>NO GI</u>	All Levels <u>GI</u>	All Levels <u>GI</u>
4:00 pm - 4:30 pm Little Furies BJJ (5-7 y/o) <u>GI</u>	4:00pm – 4:30pm Little Furies BJJ (5-7 y/o) <u>NO GI</u>	4:00 pm - 4:30 pm Little Furies BJJ (5-7 y/o) <u>GI</u>	4:00pm – 4:30pm Little Furies BJJ (5-7 y/o) <u>NO GI</u>	5:30pm – 6:00pm Adult/Teen Open Mat For Members All Levels <u>GI&NO GI</u>
4:30 pm - 5:15 pm	4:30pm - 5:15pm	4:30 pm - 5:15 pm	4:30pm – 5:15pm	6:00pm – 7:00pm
Kid Warriors BJJ	Kid Warriors BJJ	Kid Warriors BJJ	Kid Warriors BJJ	Adult/Teen BJJ For
(5-11 y/o <u>) GI</u>	(5-11 y/o) <u>NO GI</u>	(5-11 y/o) <u>GI</u>	(5-11 y/o) <u>NO GI</u>	Members All Levels <u>GI</u>
5:30-6:30pm	5:30—6:30pm	5:30-6:30pm	5:30—6:30pm	
Adult/Teen Judo for BJJ	Adult/Teen BJJ	Adult/Teen Judo for BJJ	Adult/Teen BJJ	
All Levels <u>GI</u>	Fundamentals <u>GI</u>	All Levels <u>GI</u>	Fundamentals <u>GI</u>	
5:30-6:30pm Adult/Teen Wrestling for BJJ All Levels NO GI	6:30pm—7:00pm Adult/Teen Open Mat All Levels <u>GI&NO GI</u>	5:30-6:30pm Adult/Teen Street Combatives for BJJ All Levels NO GI w/gloves	6:30pm—7:00pm Adult/Teen Open Mat All Levels <u>GI&NO GI</u>	
6:30pm – 7:30pm	7:00pm – 8:00pm	6:30pm – 7:30pm	7:00pm – 8:00pm	
Adult/Teen BJJ	Adult/Teen BJJ	Adult/Teen BJJ	Adult/Teen BJJ	
Fundamentals <u>GI</u>	All Levels <u>NO GI</u>	Fundamentals <u>GI</u>	All Levels <u>NO GI</u>	
7:30pm – 8:30pm Adult/Teen BJJ Inter/Advanced <u>GI</u>		7:30pm — 8:30pm Adult/Teen BJJ Inter/Advanced <u>GI</u>		**Master Renato Tavares Seminars Fri. 9/15 & Sat. 9/16! Call 706-992-5606 for more details!**

WE WILL BE CLOSED SEPTEMBER 4!

Private Lessons by appointment.

Schedule subject to change.