



Jiu Jitsu Columbus May 2022 Schedule

(706) 992-5606

jiujitsucolumbus.com

North Columbus Business Park:506 Manchester Expressway Suite A4 Columbus, GA 31904

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u> <u>NO GI</u>	<u>Fridays</u>	<u>Select Saturdays</u> <u>** May 14, 21, 28</u>
		6:00am—7:00am Members Only Adult/Teen BJJ			
3:30pm – 4:00pm Mini-Blinds BJJ (3-4 y/o)	12:00pm - 1:00pm Adult/Teen BJJ	3:30pm – 4:00pm Mini-Blinds BJJ (3-4 y/o)	12:00pm - 1:00pm Adult/Teen BJJ	4:15pm - 5:15pm Kid Warriors BJJ (5-11 y/o) Sparring&Competition Class	** May 14 & 28 only! 11am—12pm Open Mat for Adult/Teen Members only! No visitors!
4:00 pm - 4:45 pm Kid Warriors BJJ (5-11 y/o)	3:30pm – 4:15pm Kid Warriors BJJ (5-11 y/o)	4:00pm - 4:45pm Kid Warriors BJJ (5-11 y/o)	3:30pm – 4:15pm Kid Warriors BJJ (5-11 y/o)	5:15pm – 6:15pm Adult/Teen Drills & Skills BJJ	** May 21! BLIND FURY IN-HOUSE TOURNAMENT!!!
4:45 pm - 5:30 pm Kid Warriors BJJ (5-11 y/o)	4:30pm – 5:00pm Little Furies BJJ (5-7 y/o)	4:45 pm - 5:30 pm Kid Warriors BJJ (5-11 y/o)	4:30pm – 5:00pm Little Furies BJJ (5-7 y/o)	6:30pm – 7:30pm Adult/Teen BJJ	BJJ & Takedown Divisions! Only \$20! Register in lobby!
5:30pm – 6:30pm Kids (8 y/o & up)/ Teens/Adults Judo	5:15pm – 5:45pm Mini-Blinds BJJ (3-4 y/o)	5:30pm – 6:30pm Kids (8 y/o & up)/ Teens/Adults Judo	5:15pm – 5:45pm Mini-Blinds BJJ (3-4 y/o)		Ages 5 and up! 9am Kids! 12pm Adults!**
5:45pm – 6:30pm Adult/Teen Kettle Jitsu Fitness	6:00pm – 6:45pm Kid Warriors BJJ (5-11 y/o)	5:30pm—6:30pm Adult/Teen Women BJJ	6:00pm – 6:45pm Kid Warriors BJJ (5-11 y/o)		
6:30pm – 7:00pm Adult/Teen Open Mat	6:00pm—7:00pm Adult/Teen IntroBJJ: New Members Only!!	6:30pm – 7:00pm Adult/Teen Open Mat	6:00pm—7:00pm Adult/Teen IntroBJJ: New Members Only!!		
7:00pm – 8:00pm Adult/Teen BJJ	7:00pm – 8:00pm Adult/Teen BJJ	7:00pm – 8:00pm Adult/Teen BJJ	7:00pm – 8:00pm Adult/Teen BJJ		

Private Lessons by appointment.

Schedule subject to change.

****FRI. 5/6, 5:30-7:30pm:ARM BAR SEMINAR W/MATT SMITH! FREE TO MEMBERS! **WE ARE CLOSED MON. 5/30 MEMORIAL DAY!!!****