



# Jiu Jitsu Columbus April 2021 Schedule



(706) 992-5606

jiujitsucolumbus.com

North Columbus Business Park:506 Manchester Expressway Suite A4 Columbus, GA 31904

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u> <u>NO GI</u>	<u>Fridays</u>	<u>Select Saturdays</u> <u>*Apr. 3, 10, 17,</u> <u>24</u>
4:15pm - 5:00pm Kids BJJ (5-11 y/o)	12:00pm - 1:00pm Adult/Teen BJJ	4:15pm - 5:00pm Kids BJJ (5-11 y/o)	12:00pm - 1:00pm Adult/Teen BJJ	4:15pm - 5:00pm Kids BJJ (5-11 y/o)	*Apr. 3, 17 10:00am - 11:00am Wrestling (ages 6 and up)
5:30pm - 6:30pm Kids (8 y/o & up)/ Teens/Adults Judo	4:15pm - 4:45pm Mini-Blinds BJJ (3-4 y/o)	5:30pm - 6:30pm Kids (8 y/o & up)/ Teens/Adults Judo	4:15pm - 4:45pm Mini- Blinds BJJ (3-4 y/o)	5:15pm - 6:15pm Adult/Teen Yoga	*Apr. 3, 10, 17 11:00am - 12:00pm Open Mat for members
5:45pm - 6:30pm Adult/Teen Kettle Jitsu Fitness Class	5:15pm - 6:00pm Kids BJJ (5-11 y/o)	5:45pm - 6:30pm Adult/Teen Kettle Jitsu Fitness Class	5:15pm - 6:00pm Kids BJJ (5-11 y/o)	6:30pm - 7:30pm Adult/Teen BJJ	**Apr. 24 9:00am In-house tournament (ages 5 and up)
6:30pm – 7:00pm Adult/Teen Open Mat	5:15 pm – 6:00pm Adult/Teen Fitness Class	6:30pm – 7:00pm Adult/Teen Open Mat	5:15 pm – 6:00pm Adult/Teen Fitness Class		
7:00pm - 8:00pm Adult/Teen BJJ	6:30pm - 7:30 pm Adult/Teen BJJ	7:00pm - 8:00pm Adult/Teen BJJ	6:30pm - 7:30 pm Adult/Teen BJJ		

Private Lessons by appointment.

Schedule subject to change.